



Candlelight

Newsletter of the Swedenborg Association of Australia Ltd.

A.C.N. 056 529 769

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PRESIDENT'S MESSAGE

As we approach the end of 1997 it is appropriate to reflect and take stock of your spiritual development during the year; what commitments have you fulfilled; what have you achieved; and perhaps also reflecting on what you did not achieve this year and why.

As Swedenborg stated, it is important to reflect on the progress of our regeneration or even to deeply consider if we have yet consciously started on this all-important "lifetime" pathway.

The SAA is a useful vehicle through which you can explore, make enquiries and have discourse with like-minded seekers to help guide you onto and along your own spiritual pathway.

Also as we approach the new millennium you will hopefully have noticed that the world around us is rapidly changing in many ways. How are you looking forward to using these changes and the Swedenborg philosophy to strengthen your faith, adapt your philosophy/belief system, and maintain your health and well-being through all these changes. You will need to fully equip yourself and lift your game to really enjoy living in the 21st century. Again appropriate interaction with your SAA can greatly assist you in this process.

So I encourage you to make full use of the Christmas holidays to slow down, examine your faith, examine your lifestyle, re-balance yourself and strengthen your resolve to grow spiritually in 1998. Also look at using your SAA to assist you in this process.

On behalf of the Board of Directors I will you all a most joyful and uplifting Festive Season and have a great 1998.

With Light and Love,
Kevin Attwater.

In the midst of all the Christmas preparation and fuss, let us ponder over the gifts the Lord gave us when He came to dwell among men.

At His coming, the Lord brought

Abounding JOY

Jesus said: "I am coming to you now, but I say these things while I am still in the world, so that they may have the full measure of my joy within them" (John 17:13)

DEALING WITH PAIN

by Jean Treash



"When it hurts - hold it until it softens."

How does the wisdom of the body and the proprium of the mind unite with Divine Order and Grace when dealing with pain?

The body is constantly being nourished by the Love and Wisdom of the Universal Energy of the Divine. *When our proprium is in our external-natural mind, it causes us to accept evil thoughts, to think negatively, to criticize, to talk nonsense, and to lie. When the mind learns to transcend the negativity, and to elevate the proprium into the internal-spiritual mind, then it causes us to be delighted with truth and good.* (Paraphrased from Swedenborg's *Apocalypse Explained* 945). Then the mind, through prayer and thanksgiving (submission to the Divine) unifies the energies of the body with the Divine.

The vibrations of the body, mind and spirit need to be in harmony. For the body, the special energy of the hands is often used to alleviate pain and to harmonize the person. We can also use sound to bring harmony. For the mind - we can alleviate pain by looking at thoughts and attitudes and patterns of living, giving thanks, even for hard-to-accept emotions. For the spirit - it is useful to receive the breath-containing spirit and all that we need from one moment to the next; exhaling and fully getting rid of what is not needed so we can again be filled with spirit and be open to the working of Divine Order, Purpose, and Grace.

What are some of the things to which pain corresponds?

- Disharmony of the body/mind/spirit.
- The body's warning system, alerting us to see what is out of harmony and to seek help.
- Energy that is "stuck" or impeded and cannot flow properly in the body.
- A memory that is painful.
- An attitude or emotion that is painful.

Pain can be throbbing, stabbing, dull, sharp, hot, severe, sudden, intermittent, chronic, searing, awful, breathtaking, devastating, frightening, a good friend, a teacher.

Pain can be a reminder to place our hand (or hands) on the pain (which we usually do instinctively) and leave them on the pain until you feel pulsations in the fingertips; if there is a hard area, slowly search all of it, as little by little it softens and goes away.

You may have to hold the area for 20 minutes, or if you get tired, return later and work with the area again. It may take several sessions to get rid of the pain.

For the pain in the front of the body - if on the right side, place your left hand on your right shoulder, and your right hand on the bone that you sit on (the middle of your right buttock). Reverse for the left side. This can be done while sitting or even easier when lying down.

For the pain in the back of the body - if on the right side, place your left hand on your right shoulder and your right hand in the area of the right groin or right side of pubic bone. Hold until you feel pulsations in your fingers, search the area for tender or hard spots, and hold for 10 or 20 minutes or until the pain eases and goes away. Swedenborg says, "The Lord gave life through the hands."

Pain can be a reminder to look at our way of life - perhaps to slow down, think differently, eat, feel or act differently, learn to just BE. Pain can remind us to be in touch with our Divine Creator - to transcend wherever we find ourselves and to be in God's loving presence. Put your head on God's breast, feel the loving arms hold you, or feel the warmth of God's loving smile reflecting great pleasure in you, a perfect creation, created to be full of joy and laughter. Trust and let God take care of you.

Pain can be a reminder to call the doctor, to breathe, to relax, to soak in warm water or the opposite - to use an ice pack, to elevate, take a medication, cry, scream, moan, pray, and give thanks for it.

The following are a few of the methods one can use in dealing with pain:

- Always consult with your medical adviser when necessary.
- Talk with friends, family or prayer group about the pain. Have them pray with you.
- Make different sounds -loud, soft, low, high, using all the vowels as well as Om.
- Give thanks for the pain - "I don't know why I am thanking you for this, Lord, but thank you anyway for it, just the way it is."
- Inhale slowly, making a noise in the throat. Take twice as long to exhale, making noise. Receive the breath in the lower abdomen and be aware of it there, for 36 breaths.
- Hold the base of your skull with your right or left hand. Place your other hand below the pain for a few minutes, then above the pain for a few minutes, and then directly on the pain. You may feel an area of hardness or gumminess. Press and search until you find the centre of the pain, and even if it hurts to hold it, do not be afraid - you will not hurt yourself. Continue holding until you feel pulsations in your fingertips, from 3 to 20 minutes. Your hands are simply helping the area of buildup to soften, and helping the energy to begin to move through the obstruction. If you can find someone else to hold the area for you, it will work even faster. Remember, when two or three are gathered, the energy is amplified. Repeat until pain is completely gone.
- Visualize the shape of the pain. Is it jagged, round, square, oblong, triangular, star-shaped? How big is the

area - the size of a watermelon, tennis ball, golf ball, marble, a pea? Having established its size and shape, fill it with a sparkling white light. Ask the pain if it has a name, why it is there, what it wants you to do to help it to go away, what to do for it. Continue to fill the area with white light, then check the size and shape of the pain again. Usually it will be smaller. Continue until pain is gone.

- Breathe into the pain. Close your eyes, and as you inhale, see and feel your breath going directly through the skin, into the area of the pain, filling it with the loving presence of the Spirit. (The inspiration). As the breath empties out, see the pain leave. Repeat until gone.
- Mentally, gently wash or scrub the area, and wash and rinse it, leaving it soothed and refreshed and sparkling clean.
- Pass an imaginary sieve through the area of pain, and shave off all that it collects. Repeat until clear.
- Have someone hold or pinch your Achilles tendons (on the backs of your heels). Hold both at the same time. Have them place their right fingers and thumbs on both sides of your left heel tendon. Then place their left fingers and thumb on your right heel tendon and pinch, and hold until pain eases, 5-20 minutes.
- Learn more about an ancient healing art that balances and harmonizes energy of body-mind-spirit - a form of acupuncture called JinShin Jyutsu, which translated means "The Art of the Creator through a Person of Compassion".
- There are many fine relaxation tapes on the market.

When opening the pages of Swedenborg, there is always a wonderful journey to travel with him. There are many references to pain in his work, with examples of how he learned to understand and banish pain:

"The Lord's love arranges all into a heavenly form. Pains are sometimes felt in the skull, now in one part, now in another. Such things come forth from the falsities which are from cupidities (passionate desires) - such nuclei which are indurations, are broken and reduced to softness by severe influxes of truths which is effected with interior pain; and also by actual readings which is effected with exterior pain." (*Arcana Caelestia* 5563)

"When opposite acts upon opposite, pain is produced." "When the love of self is directly opposite to heavenly love, then is there pain." (*Heaven and Hell* 400:3-4). The right side will help the left, front will help back, etc.

So, find the indurations (hard painful areas) in your body and hold them and talk to them until they break down and soften and go away. Repeat, "The Lord gave life through the hand."

Reprinted from 'The Messenger'

Jean Treash, RN,PHN, is a graduate of UC Berkeley, a retired public health and school nurse, and a practitioner of JinShin Jyutsu for 18 years.

CELEBRATION OF SPRING

AFRICAN SPIRITUALITY

It never ceases to amaze me how each year the celebration of spring comes together, none of us really have any idea of the time and effort that goes into the organisation of such an event. Like busy bees no sooner is one over then they are off to a flying start preparing for the next year when, like spring, it blossoms forth with the fullness of creativity.

We were well and truly introduced to African Spirituality with the African music in the background, slides of Africa taken by Michele Salter from her collection, and the decorations simply done, a wonderful atmosphere had been created And if that was not enough you could turn your attention to the works of art on display - they were a real treat with the feel of Africa coming through them. I hope you all had a chance to see them.

Kevin Attwater began the evening by introducing Caroline Neave the Hostess who delightfully introduced the program in a natural and refreshing way. Carolyn who has a love for Africa and is well travelled there wore a beautiful African neck piece.

The program began with a short and very interesting talk on 'Africa and its Swedenborg Connection' this was given by Michele Salter. Having lived there for three years Michele shared some of her experiences, one of her hair raising adventures, her views, and the contrasts of life in Africa. Michele completed her talk with 'A Heavenly Experience' from Emanuel Swedenborg's *Conjugal Love* 113.

Colleen de Winton a vibrant colourful artist delivered her African Story with enthusiasm and flair, beating the drum.

Neville Jarvis presented beautiful illustrations with the Proverbs of Africa and had us sitting on the edge of the seat with much laughter trying to guess the meanings.

We then listened to Valanga Khosa a South African now resident in Melbourne performing his wonderful music and songs. Valanga shared his earlier days, the places and the people who touched him, and with his songs guitar and drum he captivated the audience. With the experience of singing together I could see why the Africans sang, I felt a real kinship.

In these times with the rising interest in myths we were fortunate to listen to Charles Munene from Kenya now living in Australia, deliver a most intriguing and interesting myth, an African Creation Story 'The Origin of Evil.' There was so much in this myth, visible and invisible conveying its meaning in the deepest sense.

We then moved on to the Literary Award, judged this year by Andrew Heslop and Lachlan Hinds, the winner being Michael Chester with his entry 'Ponderings on Metanoia'. Michael had a pleased and surprised expression on his face when it was announced and he was presented with the award.

The Swedenborg Prize for Religious Art 1997 Theme; African Spirituality had been judged by Liz Coggins and Kay Keller. The prize of \$700 was presented to Mary Willcox for her entry 'Rebirth' amongst cheers and clapping, a very popular choice with friends and the audience. What a difficult task for the judges with the quality of the art that was exhibited. Congratulations Mary and Michael.

The evening came to a conclusion with a delightful and tasty supper prepared from a traditional African recipe, this was cooked and served by Alexis Jarvis with the help of Ruth her daughter.

Once again the Swedenborg Association of Australia and the untiring effort of Neville Jarvis of the Swedenborg Library and Enquiry Centre need to be congratulated in being successful in bringing about a delightful, interesting and most enjoyable Sixth Celebration of Spring. Well done, I personally left feeling happy and touched by the experience of a brief encounter with the beauty and richness of the African culture.

Lynne Heir.

(A video of the evening is available from the Swedenborg Centre.)

At His coming, the Lord brought

Inward PEACE

Jesus said: "Peace I leave with you; my peace I give to you. I do not give to you as the world gives. Do not let your hearts be troubled and do not be afraid." (John 14:27)

QUESTIONS ??? and ANSWERS ✓✓

Beginning here in this edition is a regular segment which will be an avenue of interaction amongst readers. Whether or not you are an SAA member, you are invited to send questions which interest or worry you and which bear on the deeper matters of life. These need not necessarily ask about Swedenborg's philosophy. The questions will then be printed in the next edition of *Candela* along with an invitation for readers to provide responses which can be submitted for publication in what will then be the next edition of *Candela*. Once again, it need not relate to or draw upon Swedenborgian thought.

Whilst space constraints may limit the number or length of responses that can be printed, we intend, if possible, to print all questions submitted. In this way, it is hoped, this segment can engender amongst us a strong and vital spirit of enquiry which proves useful to our individual and collective spiritual development.

Feel free to remain anonymous in any correspondence to the segment. You may like to submit questions from friends and relatives and later be able to show them the printed responses. You may even like to attempt to answer your own questions.

We're hoping that the segment becomes an enjoyable and worthwhile activity so get the old brain cells working and put the results down on paper. You can send them to "Answers & Questions", 61 Surfers Parade Harbord, NSW 2096. In the meantime we have come up with a few short questions for you to ponder and perhaps respond to. Here they are and good thinking -

1. If a tree falls in the forest and no one is around to hear it, is there any sound? How would Swedenborg answer this well known philosophical question?
2. Can natural disasters be rightly called "acts of God"?

3. Is every single sickness and injury the result of each person's own spiritual disorder?
4. Swedenborg strongly emphasises the value of reading the Bible. How does reading the Bible actually help us?
5. Swedenborg implies that a person will stay in hell forever. How can this be reconciled with an all-powerful, all-merciful Creator?
6. If we had a crystal ball, what might we see as the future of Swedenborg's influence in the world in these rather unpredictable and spiritually unsettled times?
7. How and in what ways are angels "with" people?
8. If some animals have an evil correspondence, and yet evil came into being with man, how can these animals have existed before people?

At His coming, the Lord brought

Indescribable GLORY

"And the Word became flesh and dwelt among us, and we beheld his glory, the glory as of the only begotten of the Father, full of grace and truth."
(John 1:14)

Abide in Me and I in You

A Swedenborg-based Study Course
on The Lord Jesus Christ

One of the helpful aspects in our spiritual development is to understand the Divine Source of life. From this greater understanding, we begin to see the nature and work of our creation, the fuller purposes of life, and the principles by which life is governed overall.

This 40-part monthly Study Course focuses on the Divine, and helps us to develop our relationship with God, through an exploration of the Divine presence in our own individual life. Each month a different facet of Divine life is explored, presented and opened up with quotes, Swedenborg references, questions personal reflection and meditation, commitment suggestions, and further readings. It uses an inductive or drawing-out approach as well as providing a wide range of insights.

The monthly issues are mailed out free of charge. The Study Course began in February 1997 and 10 issues have been produced so far. A D-ring folder with attractive cover design is available for \$5. The folder will hold the entire Course which will finish in June 2000. On ordering the folder, you will receive every issue to date in 'mint' condition.

The Course is produced by Julian Duckworth and you can order by contacting him at 4 Shirley Road, Roseville, 2069, phone (02) 9416 7032, fax (02) 9415 6073.

At His coming, the Lord brought

Lasting CONTENTMENT

Jesus said: *"Therefore do not worry about tomorrow, for tomorrow will worry about its own things. Sufficient for the day is its own trouble."* (Matthew 6:34)

BOOK EXCHANGE



A large and ever-changing selection of over 2,000 books to browse through on any Saturday between 10 a.m. and 2 p.m. at 4 Shirley Road, Roseville. Free filtered coffee and biscuits on hand.

You are welcome to buy books outright, at \$2 hardback of \$1 paperback. You can also borrow, return the book and get your money back. You can also exchange your books for those there.

The majority of our books are on the deeper aspects of life, personal growth, relationships, philosophy and religion, also some Swedenborg, and we carry a range of fiction too.



Contact Jack Benson for more information, on Tuesdays, Thursdays, Saturdays on 9416 7026.

At His coming, the Lord brought

His LIGHT

"Then Jesus spoke to them again, saying, 'I am the light of the world. He who follows me shall not walk in darkness, but have the light of life.'" (John 8:12)

THURSDAY EVENING DISCUSSION GROUP

These weekly spiritual classes and discussions are aimed to create an opportunity to develop more spiritual confidence and understanding. They have been running for five years and have used a wide range of themes, from spiritual Bible-sharing through working with correspondences to the major principles of spiritual life and use. All classes are presented and opened up from a broad Swedenborg base, but are also designed to develop personal spiritual awareness through free-flow group sharing. We finish with a cup of tea/coffee and chocolate biscuits.

The venue is 4 Shirley Road, Roseville between 8 and around 10 p.m. The classes are led by Julian Duckworth who can be contacted on 9416 7032 for further details.

At His coming, the Lord brought

The Promise of REGENERATION

"Jesus answered him, Truly, truly, I say to you, unless one is born anew, he cannot see the kingdom of God." (John 3:3)

* * * * *

A NIGHT OF LOVE AND BEAUTY in the Sufi Persian tradition

Poetry/Music/Classical Dance/Stories

On Friday evening the 24th October a most unusual and fascinating evening was presented by Lynne Heir with Alex Craigen, Mary O'Connell, Eileen Rees, Roshanak Vahdani and Julie Miller. The ladies had spent some time setting the scene with various props and were all appropriately dressed. Against a background of informative and stunning overhead slides (thanks to Michelle Salter for co-ordinating this) three of the main Sufi poets were discussed and samples of their poetry read. Some poems were read by Roshanak in the original Persian. There was also music and traditional dancing by Julie Miller. Each member of the audience received a card with an extract of Sufi poetry to take home and ponder.

At supper time there was Turkish Delight and sweet, sticky Persian cakes.

Altogether an uplifting and delightful evening.

*If you are here unfaithfully with us,
you're causing terrible damage.
If you've opened your loving to God's love,
you're helping people you don't know
and have never seen.*

Rumi

* * * * *

At His coming, the Lord brought

COMFORT to All

"Come to me, all you who labour and are heavy laden, and I will give you rest. Take my yoke upon you and learn from me, for I am gentle and lowly in heart, and you will find rest for your souls. For my yoke is easy and my burden is light." (Matthew 11:28-30)

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GROUP NEWS

The North Ryde Committee continues organizing monthly meetings with a guest speaker on the fourth Friday evening of the month. An enthusiastic group attended Dr. Al Gabay's talk titled 'Swedenborg, Mesmer and the "Covert" Enlightenment' in July. The evening was videoed and a copy is available at the Swedenborg Centre.

Seven people participated in the 'Developing your Spiritual Skills' workshop facilitated by Julian and Ruth Duckworth on Saturday the 23rd August. Many people made favourable

comments on the Celebration of Spring held on Saturday 6th September (see separate report). Colleen deWinton delighted the audience with her storytelling. Vlanga Khoza had the audience singing along with him. And Charles Munene shared stories from Africa of how evil came into the world. It was a very happy and enjoyable evening. An evening of Poetry and Art (related to the Celebration of Spring) was held on Friday the 26th of September. This was a very pleasant evening where the artists shared some of the background to their works.

The 1998 programme is currently being worked out. The year will commence with Brian O'Neill as guest speaker on Friday, 30th January 1998 - the Swedenborg Birthday Meeting. The Celebration of Easter will be organised by Julian Duckworth. Details of forthcoming activities/meetings are listed on the back page. Any suggestions for the 1998 North Ryde programme can be passed onto Michael Chester by calling (02) 9292 8268 (W) or (02) 9913 2421 (H). Suggestions to be given by Saturday 20th December 1997.

The Melbourne Group also continues to meet monthly (usually every fourth Friday) to hear and discuss a talk from a guest speaker or their Convenor, Chris Skinner.

Allan Uren and his wife have indicated that for various reasons they are no longer able to facilitate the Perth Group meetings. Those who have been attending the Perth Group will doubtless make other arrangements.

Concluding quotation and message from the Secretary:

"And in the sixth month the angel Gabriel was sent from God unto a city of Galilee, named Nazareth, To a virgin espoused to a man whose name was Joseph, of the house of David; and the virgin's name was Mary. And the angel came in unto her, and said, Hail, thou that art highly favoured, the Lord is with thee: blessed art thou among women. And when she saw him, she was troubled at his saying, and cast in her mind what manner of salutation this should be. And the angel said unto her, Fear not, Mary: for thou hast found favour with God. And, behold, thou shalt conceive in thy womb, and bring forth a son, and shalt call his name Jesus. He shall be great, and shall be called the Son of the Highest: and the Lord God shall give unto him the throne of his father David: And he shall reign over the house of Jacob for ever; and of his kingdom there shall be no end. Then said Mary unto the angel, How shall this be, seeing I know not a man? And the angel answered and said unto her, The Holy Spirit shall come upon thee, and the power of the Highest shall overshadow thee: therefore also that holy thing which shall be born of thee shall be called the Son of God. And, behold, thy cousin Elizabeth, she hath also conceived a son in her old age: and this is the sixth month with her, who was called barren. For with God nothing shall be impossible. And Mary said, Behold the handmaid of the Lord; be it unto me according to thy word. And the angel departed from her." (Luke 1 26-38)

May Christmas be a very special time in your life as we commemorate the birth of Christ and the coming into the world of higher teachings.

Michael Chester, Hon Secretary.

At His coming, the Lord brought

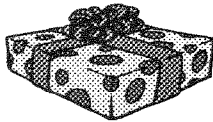
Everlasting LOVE

"A new commandment I give to you, that you love one another; as I have loved you, that you also love one another. By this all will know that you are my disciples, if you have love for one another. (John 13:34,35)

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Free Introductory Course to Swedenborg's Spiritual Teachings over 24 months

Did you know that The Swedenborg Lending Library and Enquiry Centre, 1 Avon Road, North Ryde 2113 offers any one interested this course of 24 talks especially prepared to lead you though the main concepts in Swedenborg's theological writings. From a discussion on Swedenborg as a scientist and spiritual philosopher, the course covers eternity, the nature of God, spiritual growth/regeneration, the spiritual world, freewill, providence and innocent suffering, soul/body, the Bible and correspondences, Jesus Christ, the second coming, and marriage as the model for inner happiness. If you would like to receive these mailings - a free service - just ring Neville Jarvis/Michele Salter at the Centre or Email to sllandec@swedenborg.com.au and let them know.



Christmas Shopping Time Again.

The Swedenborg Lending Library and Enquiry Centre has some excellent items available for both the ardent users of Swedenborg's theological writings and spiritual seekers from a different background for Christmas giving.

Perhaps top-of-the-list is the attractive, colourful, informative and beautifully illustrated coffee-table production - **Emanuel Swedenborg: A Continuing Vision**. Consisting of some 558 pages - a weighty tome - you can give someone many hours of pleasure and fulfilment for only \$50. A handsome hardback.

The new edition of Helen Keller's own story about the way her faith enabled her to cope with the severest physical difficulties - **Light in My Darkness** - is a worthwhile read for almost anyone interested in understanding the God of the Bible. For just \$15 you can give someone a deeply moving experience.

Angels are still in vogue. What about **Conversations With Angels** - a 158 page paperback for \$20 recording, in his own words, a good number of Swedenborg's beautiful experiences in the spiritual world with Angels - or **Angels in Action**, a personal account by Bob Kirven of the Swedenborgian Church in USA of how he has been able to marry the concepts about heavenly beings in Swedenborg's spiritual teachings with his own experiences of life. Again, a story which many, many people can identify with and this slim volume is only \$15.

Then there is Gwynne Dresser Mack's **Talking With God** for just \$5 (a stocking-filler containing valuable

insights into the process of Divine inflowing, the only true means for achieving inner spiritual healing and harmony, that will out-last all the chocolates, nuts and handkerchiefs for many Christmases to come); it even comes with a booklet of all the Swedenborg quotations used by Mrs. Mack to support her view of spiritual healing.

Perhaps you can think of someone who would be excited by the 12 step approach to spirituality through Grant Schnarr's **Unlocking Your Spiritual Potential**. It will only cost you \$11 and you can be sure that the recipient of your gift will not be "put off" by constant references to Swedenborg because there are none; yet it is all based on the teachings in *True Christian Religion*. Why not also consider giving someone the new, two volume set of **True Christian Religion** costing \$35 in paperback and \$50 on hardback?

Why not give someone - even yourself - a real treat with the handsome **30 volume set** of Swedenborg's complete spiritual writings. At just \$365, this is a real bargain and one that will shortly be no longer available. With a new pricing structure by the Swedenborg Foundation coupled with a reissue of the set in a new typeset format, and the falling Australian Dollar, the cost is set to rise dramatically. We only have a couple of sets at this price in Australia now. Of course, you can have the computerised version - **NewSearch** - for just \$50 but floppy disks just don't have that same feel about them as do the books themselves!

Three new audio cassette recordings are available for you to think about. The recent sessions at The Swedenborg Centre given by Christopher Hasler of the Swedenborg Movement in UK were taped to enable a much wider audience to participate in the many spiritual insights presented. **Out of Space and Time?** is a powerful and meaningful presentation of Swedenborg's invaluable teachings that give the opportunity to extract ourselves from the constraints and illusions in which we can so easily live. This 90 minute tape costs only \$5. A Saturday workshop during which Christopher Hasler's unfolded the inner, spiritual sense of the Old Testament as given in Swedenborg's *Arcana Coelestia* does provide a window into the developing mind and life of Jesus not available through the narrative of the Gospels, **The Secret Years of Jesus Christ** is available in a nicely presented cassette holder on two 90 minute tapes for just \$10.

Finally, a professionally produced audio recording of **The Heavenly City**, Lee Woofenden's recent translation of Swedenborg's *The New Jerusalem and Its Heavenly Doctrine*, should be available in early December. The cost will be \$10 for pre-issue orders so phone in today on 02 98881066. A joint project with The Swedenborg Foundation (USA), it has been fully produced in Australia (good for Australian jobs) by us. The recording, on two 90 minute tapes, is by **Barry Eaton** (former ABC News reader and presenter who now has his own radio programme in Sydney on Sunday mornings - *Celestial Power*) and his rich voice blends with music provided by a musician from Cooranbong, NSW. The cassette cover is in colour and utilises the design on the book. It is a very powerful means to absorb Swedenborg's own presentation of the breadth of what was revealed to him, and one we hope to have available on CD at some time in the not too distant future.

These items may be obtained from The Swedenborg Centre by phoning 02 9888 1066 and you can pay by credit card (bankcard, mastercard, visacard). Happy Christmas shopping.

WHAT'S HAPPENING

For Group activities, contact your nearest Group Convenor

- Sydney region (Kevin Attwater on 9634 7808);
 - Melbourne which meets monthly on the fourth Friday evening (Chris Skinner on 9435 8599);
 - Perth usually meeting in the evening on the third Sunday of every month - new Convenor to be appointed.
- It would be good to see additional viable Groups established in new areas. If you can help, contact Kevin Attwater.

FORTHCOMING SAA PUBLIC MEETINGS

- MELBOURNE Normally Fourth Friday Evening of each month at New Church Hall,
426 High Street Road, Mt. Waverley at 8 p.m.
1998 programme currently being prepared.
- PERTH Third Sunday Evening of each month.
Currently studying a series of talks introducing the main concepts in Swedenborg's writings.
- SYDNEY Normally Fourth Friday Evening of each month at The Swedenborg Centre,
1 Avon Road North Ryde at 7.45 p.m.

November 28th Kevin Attwater on *Spiritual Healing* (This is the final meeting for 1997)

January 30th 1998 Swedenborg Birthday Meeting
The special guest speaker **Brian O'Neill**

The Strange Case of Dr Jekyll and Mr Hyde.

Brian has been a very popular guest speaker on several previous occasions. He is a foundation member of the SAA who came into contact with Swedenborg through reading Wilson Van Dusen's books. He is a Gestalt Psychologist who runs the Gestalt Centre in Wollongong. Brian O'Neill will discuss the the process of what Swedenborg referred to as 'Double Thoughts' - the seemingly constant duality of our nature. This experience of double thoughts is reflected throughout the Writings and life of Swedenborg and as Wilson Van Dusen comments, is the longest negative trend appearing in 'The Journal of Dreams'. Brian will offer links between the Writings of Swedenborg and current psychotherapy and psychology and explore how such links can help in the process of counsellors working with people who experience substance abuse and mental illness. He will also discuss this process of double thoughts in terms of each individuals personal and spiritual development, and explore why it is that as we try to be good and upstanding - like the Good Dr Jekyll, we instead end up having to deal with the Mr Hyde of our natures.... the Strange Case of the Human Predicament.

Why two copies? Members receive a second copy of *Candela* as an avenue for letting others know of the existence of this Association. *Please do hand it on or make it widely available.*

OBJECTS OF THE SWEDENBORG ASSOCIATION OF AUSTRALIA

a non-profit autonomous company:

- Promoting Emanuel Swedenborg as a scientist, philosopher and religious visionary, by means of his inspired writings, through meetings, lectures, and other functions
- Making available information on topical subjects drawing on Swedenborg's own contribution to stimulate interest and discussion
- Establishing, operating and supporting branches around Australia
- Providing material for the purpose of maintaining local libraries

Everyone wishing to subscribe to these objects can take up membership. There is a once off joining fee of \$10.00 and an annual subscription of \$25.00 (concession rate of \$15.00).

BENEFITS OF MEMBERSHIP include:

- + Ready access to pursuing areas of interest in Swedenborg through the availability of books, tapes, videos and films.
- + A free newsletter.
- + Participating in lectures, seminars, workshops and specific events.
- + A 20% discount at Australian Swedenborg book distribution centres.
- + Joining together as a group with other members living in close proximity.
- + A Swedenborgian based book, tape or video is sent to each financial member each year.

If you are interested in joining the Swedenborg Association of Australia Ltd., contact the Secretary at the Registered Office: The Swedenborg Centre, 1 Avon Road, North Ryde, 2113 (telephone 02 98881066 or 02 99132421) to obtain a membership leaflet.